

ONLY A FEW MORE DAYS TO GO...

THERE ISN'T LONG TO GO TO YOUR SURGERY AND WE ARE EXCITED TO HAVE YOU UNDER OUR CARE AT MEDICCI AESTHETICS ISTANBUL.

LETS GO OVER A FEW LAST MINUTE DETAILS TO ENSURE YOU HAVE EVERYTHING READY IN PREPARATION FOR YOUR TRANSFORMATION.

CHECKLIST:

- (1) PASSPORT AND PRINTED COPY OF COVID TEST AND HES CODE
- (2) COMFY CLOTHES
- (3) WARM SOCKS
- (4) PLAIN FULL BRIEFS (LARGER SIZE THAN USUAL)
- (5) SHE-WEE
- (6) ANTIBACTERIAL WIPES
- (7) HAND SANITIZER
- (8) SLIPPERS
- (9) YOUR FAVOURITE SNACKS FOR WHEN YOU FEEL A LITTLE HOMESICK.
- (10) AN IPAD OR LAPTOP FOR NETFLIX
- (11) A PRINT OF A FEW OF YOUR WISH PICS.
- (12) ARRANGED YOUR AFTERCARE WITH US.
- (13) BRING YOUR ABDOMINAL BOARD.
- (14) A SMALL PAIR OF SCISSORS WILL COME IN HANDY.
- (15) INCONTINENCE BED SHEETS.
- (16) REMEMBER, YOU SHOULD BE OFF ANY UNNECESSARY MEDICATIONS INCLUDING CONTRACEPTIVE PILLS. PLEASE DO NOT TAKE ARNICA TABLETS BEFORE SURGERY OR ANY UNNECESSARY VITAMINS.
- (17) IF YOU HAVEN'T ALREADY STOPPED SMOKING AND DRINKING ALCOHOL, PLEASE DO SO!



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